

Volunteer Registration

October 4, 2008

4th Annual Buddy Walk

Volunteers Pay work four hour shifts and pay \$7.00 for a day of fun and community involvement from 7:30-3:00 p.m. on Saturday, October 4th at Howarth Park Gazebo, Santa Rosa, CA.

Get lunch and a Buddy Walk tote!

Check the job you like best and we will do our best to place you there.

Buddy Walk Set-Up (7:30 a.m. to 11:30 a.m.)

_____ Registration: Pre-Registered Check-in and New Registration. Prepare stations, greet the walkers, and pass out registration materials and totes.

_____ Decorations: Highly creative and (good with tape and scissors a must!) Build helium balloon arch, decorate the Gazebo, set up walk path, and decorate food area tables.

_____ Carnival Games: Set up carnival games and prizes. Attend stations and have fun with the participants.

_____ Food Stations: Organize orange slice trays, drinks, and waste disposal along the walk and food areas. Help as needed at Gazebo food stations.

_____ Resource Fair: ***** Assistants needed to host and support our V.I.P. nonprofits by 9:00 a.m.***** Greet Resource Fair nonprofits in parking lot drop-off zone, lift tables and gear, offer set-up support, and offer food and water. Resource Fair runs from 9:00 to 12:00 p.m.

Buddy Walk Main Event (11:00 a.m. to 3:00 p.m.)

_____ Walk Directors/Encouragers: Enthusiastic helpers will guide walkers to stay on one side of path and turn around at the 1/2 mile orange slice stand. Cheer and smile!

_____ Food Crew: Set up and work the food line with a fun and fast paced crew as we feed 500-800 hungry walkers. Assist Food Crew Directors with our Mexican Fiesta!

_____ Carnival Crew: Play and win! **Carnival game stations run from 9:00 to 12:00 p.m.**

Buddy Walk Clean Up (12:00 p.m. to 4:00 p.m.)

_____ Clean-Up: No Party Poopers here! Periodic bathroom checks for soap and towels, or a clean sweep. Take down all decorations and **recycle**. Pick up trash on lawn and Gazebo areas. Lift and load tables and chairs. Let's leave Howarth Park areas in pristine condition!

_____ Load and Return: Return tables, chairs, cones, and rental equipment to destinations.

R.S.V.P. to reserve your position as a volunteer: Jennifer Angell, Volunteer Coordinator, jenangell@sbcglobal.net, or Diane Hobaugh, Chairperson, dihobaugh@sbcglobal.net

Register by check for \$7.00 to Sonoma County Down Syndrome Support/BI, P.O. Box 1916, Windsor, CA 95492-1916

BUDDY WALK VOLUNTEER

Last Name: _____ First Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ E-mail: _____

I am walking in honor of _____, who has Down syndrome.

WAIVER AND RELEASE OF LIABILITY

I hereby waive all claims against Becoming Independent sponsors, the Sonoma County Down Syndrome Support, or any personnel for any injury or loss I might suffer by participating in or as a result of this event. I attest that I am physically fit and prepared for this event. I grant full permission for organizers to use photographs of me and/or quotations from me in legitimate accounts and promotions of this event.

Signature: _____ Date: _____

-----clip and save-----

Directions to Howarth Park (Gazebo Picnic Area) 630 Summerfield Road • Santa Rosa • California

From Hwy 101 • Take Hwy 12 East exit toward Sonoma • Cross through **Farmer's Lane** Intersection (You are now on **Hoehn Ave.** – proceed 1.5 miles) • Left on **Summerfield Road** – 3/4 mile • Right into **Howarth Park** entrance

• Follow road to parking near picnic area. If lower lot is full, exit lot and circle back to main entrance on Summerfield Road. Drive up park road to the upper parking lot and cross your fingers. Parking is available on the street if necessary.

www.sonomacountydownsyndromesupport.org